

The Cardinal Retirement Residence

10 Herkimer St, Hamilton, ON L8P 2G2

Phone (905) 525-0338

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 3:00 Afternoon Tea 8:00 Evening Social 						2 9:30 Physiotherapy 11:00 Crosswords <u>2:00 Bingo</u> 3:00 Afternoon tea 8:00 Evening Social <u>6:30pm Evening Movie</u> 8:00 Evening Tea
3 3:00 Afternoon Tea 8:00 Evening Social 	4 9:30 Physiotherapy 11:00 Crosswords <u>1:30 Muffin Monday</u> 3:00 Coffee time! 3:30 Scrabble 8:00 Evening social	5 9:30 Exercises <u>2:00 Bonus Bingo</u> 3:00 Coffee Break 8:00 Evening Social	6 9:30 Stretching class 11:00 Horseracing 3:00 Coffee Break 8:00 Evening Social	7 9:30 Exercises <u>1:30 Manicures</u> 3:00 Afternoon Tea <u>3:30 Resident Meeting</u> 8:00 Evening social	8 9:30 Physiotherapy 11:00 Crosswords <u>2:00 Bingo</u> 3:00 Afternoon tea 8:00 Evening Social	9 <u>6:30pm Evening Movie</u> 8:00 Evening Tea
10 	11 9:30 Physiotherapy 11:00 Crosswords <u>1:30 Maddy on piano!</u> 3:00 Coffee time! 3:30 Scrabble	12 9:30 Exercises <u>2:00 Bonus Bingo</u> 3:00 Coffee Break 8:00 Evening Social	13 9:30 Stretching class 11:00 Music Trivia <u>1:30 Word Scramble</u> 3:00 Coffee break 8:00 Evening Social	14 9:30 Exercises 11:00 Bowling <u>1:30 Manicures</u> 3:00 Coffee Break! 8:00 Evening Social	15 9:30 Physiotherapy 3:00 Afternoon Tea 8:00 Evening Social	16 <u>6:30pm Evening Movie</u> 8:00 Evening Tea
17 St. Patrick's Day 	18 9:30 Physiotherapy 11:00 Crosswords <u>2:00 St. Patrick's Day Social & Birthday Party!!</u> 3:00 Coffee time!	19 9:30 Exercises <u>2:00 Bonus Bingo</u> 3:00 Coffee Break 8:00 Evening Social	20 <u>First Day of Spring</u>  9:30 Exercises 11:00 Bean Bag Toss <u>1:30 Word Scramble</u> 3:00 Coffee Break 8:00 Evening Social	21 9:30 Exercises 11:00 Horseracing <u>1:30 Manicures</u> 3:00 Coffee break! 8:00 Evening social	22 9:30 Physiotherapy 11:00 Crosswords <u>2:00 Bingo</u> 3:00 Afternoon Tea 8:00 Evening Social	23 <u>6:30pm Movie</u> 8:00 Evening Tea
224 3:00 Afternoon Tea 8:00 Evening Social 	25 9:30 Physiotherapy 11:00 Crosswords <u>1:30 Maddy on piano!</u> 3:00 Coffee time! 3:30 Scrabble 8:00 Evening social	26 9:30 Exercises <u>2:00 Bonus Bingo</u> 3:00 Coffee Break 8:00 Evening Social	27 9:30 Stretching class 11:00 Music Trivia <u>1:30 Word Scramble</u> 3:00 Coffee Break 8:00 Evening Social	28 9:30 Exercises 11:00 Bowling <u>1:30 Manicures</u> 3:00 Afternoon Tea 8:00 Evening social	29 9:30 Physiotherapy 11:00 Crosswords <u>2:00 Bingo</u> 3:00 Afternoon Tea 8:00 Evening Social	30 <u>6:30pm Movie</u> 8:00 Evening Tea